Volume 13 Issue 18 Wednesday May 22, 2024

This Week Triways is picking up RECYCLING in the BLUE bins





MS WALK THIS SUNDAY

This Sunday is the day the annual MS Walk will happen at the Eastend Rink complex. World's Largest T.Rex
The goal of the walk is to raise awareness and money towards research for an eventual
cure. Everyone is invited to walk the few blocks around town if they wish to show support for the fight against MS.
Registration is at 1 and the Walk starts at 2pm at the rink.

THE WEEK IN PHOTOS

Thank you to Rosa for sending in the photos of our opening day festivities at the two town museums. It's a wonderful thing to see the continuing signs of Summer!

COMMUNITY YARD SALES

In a week from Saturday, the Eastend Community Yard Sale will take place all over town. If you're someone who wants to get their walking exercise in for the week, try hitting every garage sale on foot. I know some people don't patronize garage sales, but I know I usually find at least one treasure every year. Sometimes things are perfectly good, they just aren't any use to their owners any more. It all boils down to recycling and saving the landfills from being filled with something still useful. Register by March 30th with Ethel or Rosa.



USED BOOKS, DVD'S FOR SALE

The Eastend Library is getting rid of some old inventory on June 1 during the Community Yard Sales. Don't forget to make your way to the library if you are out at the garage sales.

"THE GOOD WALK" BOOK TOUR REPORT FROM CATHERINE

Catherine Myhr with the Eastend Library was good enough to send us some photos from the recent book tour that took place at the library last week with author Matthew R. Anderson and

Eastend's own Stewart Tasche performing musical accompaniment.

COMMUNITIES IN BLOOM FREE WORKSHOP

Do you want to get the most from your garden? Want to use science to get the most out of your soil ?There is a free workshop at the Eastend Library on Sunday from 2pm, "Getting The Most From Soil and Water" that might just what you're looking for..

JACK'S CAFE CLOSED NEXT MONDAY AND TUESDAY

You will have to make alternate dining plans next week.



SOUTHWEST WASTE MANAGEMENT AUTHORITY

Regional Landfill

Approximately 3km West of Dollard Phone: 306-297-4020

SUMMER HOURS

Open: Monday to Saturdays 9:00am to 4:30pm Closed: Statutory Holidays & Saturdays falling on

Statutory Weekends



SCOTT MORVIK, B. MGMT. Senior Consultant

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Associate Consultant

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Doctor and Nurse Practitioner
Schedule forMay
The Dr. is IN May:

1, 8, 15, 22, 29

The NP is IN May:

1, 6, 7, 13, 14 Please Phone for Appointments

To book an appointment

NEW Phone: 295-2000 Monday-Friday, 8:00am-4:30pm

same-day appointments available

EWWHC Lab Hours: **Lab Open**

By Appointment Only



Wed 22 May	Thu 23 May	Fri 24 May	Sat 25 May	Sun 26 May		
10°C	14°C	16°C	21°C	18°C		
60% Chance of showers	A mix of sun and cloud	30% Chance of showers	Sunny	60% Chance of showers		



Whale of a used Books & Stuff Sale

Eastend Library

Saturday, June 1, 9:30-3:30

Gently used books, DVD's, magazines









THE EASTEND ACTIVITY CENTRE INC WILL HAVE THEIR

AGM

ON MAY 29, 2024 AT 5:30
AT THE EASTEND ACTIVITY CENTRE BUILDING
LOCATED AT OAK AVE N AT THE SCHOOL
PARKING LOT. PUBLIC INVITED.



Lucky Horseshoe -

Equine Assisted Learning

"Life Skills with Horses"

Or simply put, "a learner based educational experience with horses."

Children, Teens, Adults, Couples or Groups - Upcoming sessions May 1 to August 31, 2024

Equine Assisted Learning – no horse experience necessary, this is on the ground in the dirt with a horse as the teacher – everything, including the horse is provided.

Come on out, see what its all about!

Also starting in May – I will be offering riding lessons. Bring your own horse and I will work with you to improve your riding skills.

English, Western, Trail, Pleasure, Horsemanship, Patterns, Obstacles.....

Contact Dawn Reesor 306-295-7876

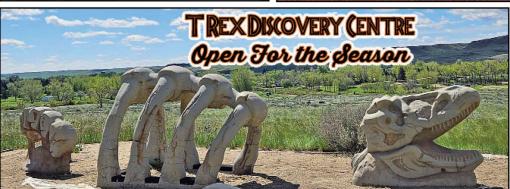
Certified Equine Assisted Learning Facilitator







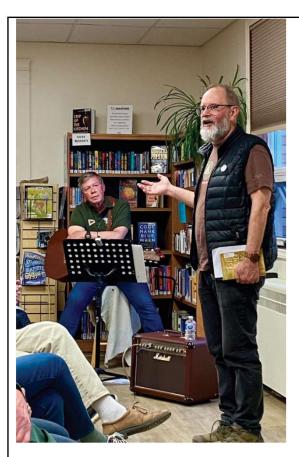




The T.rex Discovery Centre (above) and the Eastend Historical Museum (below) opened their doors for the 2024 season last Saturday. That was also International Museum Day. Thanks to Rosa for sending photos.



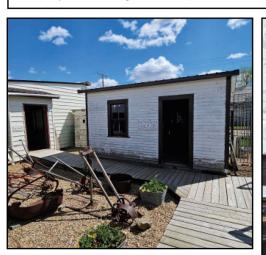






The Good Walk tour at Eastend Library

It was a great talk by Matthew Anderson about how walking is so beneficial, physically and spiritually! A copy of Matthew's book, The Good Walk, will be available soon in the library. It was a treat to have the musician Stew Tasche, he played his original compositions about Eastend and some of the town's colourful characters. - Catherine M.











Sunday, May 26, 2024 Register at mswalks.ca

MS Canada



Eastend Housing Authority

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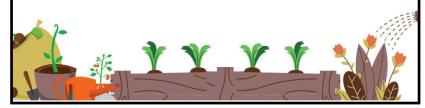
Phone Brad 306-315-7546

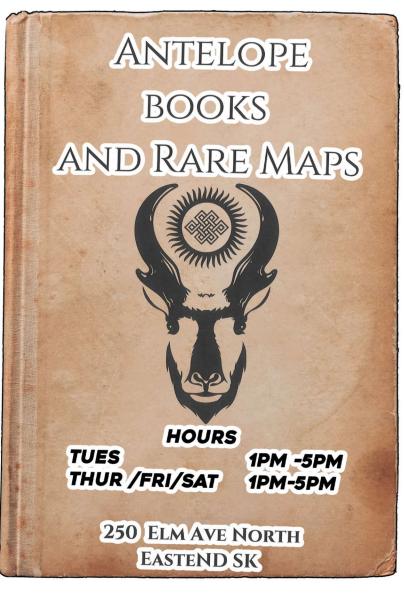
Notes of Hope from Emmanuel Grace Church

You're always welcome! Sundays @ 11

"Spring is when you feel like whistling even with a shoe full of slush "

-DOUG LARSON





TIPS TO REDUCE BASEMENT FLOODING IN YOUR HOME

- Make sure your lot GRADING SLOPES AWAY FROM THE FOUNDATION OF YOUR HOUSE
- Use window well covers for BELOW GROUND WINDOWS-
 - Avoid pouring fais, oils OR GREASE DOWN HOUSEHOLD DRAINS
- Install a sump pump to REMOVE EXCESS GROUND WATER

PREVENTATIVE MEASURES YOU CAN TAKE AFTER A SEWER **BACK UP LOSS**

A CEREFFUS EVAN WOY T SEWER BACK UP LOSS, YOU WILL BE REQUIRED TO HAVE AN AUTION/ATTIC BACKWATTER VALVE PROFESSIONALLY INSTALLED IN YOUR DWELLING AS A BASIC LOSS-PREVENTION MEASURE TO BE ELICIBLE FOR THE BROADEST SEWER BACK UP COVERAGE AVAILABLE TO YOUL ASKYOUR INSURANCE BROKER TO EXPLAIN HOW YOUR POLICY COVERS BASEMENT FLOODING AND SEWER BACKUP

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Across

- 10. Sect
- 15. Clan symbol
- 16. Mixed bag

- 19. Harvest

- 25. Super

- **34.** End in ____ (draw)

- 44. Wither
- 47. Ring combo
- 50. Bathhouse
- 53. Footwear
- 58. Take down _
- 59. Golf clubs
- 61. London stroller
- 62. ___-majesté
- 63. Borge's countrymen
- 64. Ton, for one
- Gay

Down

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3. Eye drop

- 1. Famous last words
- 5. Peace goddess
- 14. At that time
- II (razor brand)
- 18. Pry
- 20. Continental inhabitant
- 22. Passenger ships
- 24. Modern address
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- 48. Boy or man
- 49. Sufficed

- 65. Ballpark figs.
- 67. Chamber workers: Abbr.

- 1. Kitchen addition
- 2. Drive-

20

4. Oafish

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- 5. In and of
- 6. Author Jaffe
- 7. School founded in 1440

63

- 8. Classical beginning
- 9. Worker
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- 34. Like a ballerina
- 35. It's past due
- 38. Capital of South Australia

- 42. Barbershop sound
- 43. Legendary king of Thebes

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BestCrosswords.com

16

- 45. Mental pictures
- 46. Moving vehicle
- 47. Potemkin setting
- 50. Racer Yarborough
- 51. Simians 52. Of the highest quality
- **53.** ___ avail
- 54. Like Nash's lama 55. Sea eagle
- 56. First son of Adam and Eve
- 57. CPR experts
- 60. Campaigned

EASTEND LIBRARY (Inside Memorial Hall) 306-295-3788

Hours

Tuesday 1:30 pm-4:30 pm Wednesday 12:30 pm-4:30 pm

Thursday Saturday 1:30 pm-4:30 pm

09:30 am-12:30 pm

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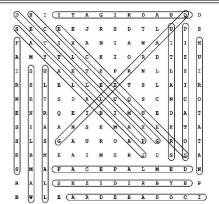
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Word Search Solution

Across

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