

EASTEND ECHO



Contact Us

Have a favourite recipe to submit for publication?

Have an event you want added to the Community Calendar?

Would you like to include your photos for our website?

Do you have a local business which you think should be included in future spotlights?

Want to advertise with us?

Contact us:
editor@eastendecho.ca

Eastend Echo
Box 361
Eastend, SK
S0N0T0

295-4145
295-3749 (fax)

Earth laughs in flowers.
Ralph Waldo Emerson



It's Baaack....

Welcome to the first day of Spring. We all knew snow was coming so yesterdays big dump was not really a surprise. Still it was quite a spectacle of wind and snow on Monday which brought this snow. While it was nice to have that mild weather while we did, there are plenty of those who welcome the infusion of some moisture back into the ground. Too bad the same can't be said for the ranchers who are deep in calving season. I'm sure they aren't quite as thankful for the snow but at least the next week promises warmer temps again. Ain't Nature wonderful?

Buy land, they're not making it anymore.
Editor Mark Twain

Let's Go Out To
The
Movies

March Movies

March 24th
"The Descendants"
Rated R
(Comedy, Drama)
George Clooney
Shailene Woodley
Amara Miller
Saturday @ 7 PM

March 25th
"Puss In Boots"
Rated PG
(Animation, Comedy)
Antonia Banderas
Salma Hayek
Zach Galifianakis
Sunday @ 1:30 PM

Suggestions for movies are welcome. Please contact the T.rex Discovery Centre
One Admission Price \$3.50 each

T.rex Discovery Centre, Eastend, SK.
For more information visit www.trexcentre.ca
or contact us at (306) 295 4009
www.trexcentre.ca

T.REX DISCOVERY CENTRE

Need to inject cash into your farm or ranch?
Apply for a Farm Input Line of Credit and have the flexibility to deal with costs as they arise in your operation. Be prepared to purchase your feed, vaccine, corrals, fertilizer, seed, chemical or any other input you may have.

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CHARLIES
ALL DAY BREAKFAST
OPEN @ 5am

Deli Lunch Sandwiches made to order
Fresh Baked Goodies (almost daily)

Now Serving: Fish & Chips
& Fish Fillet Burger

Drop-off Laundry Service Available
(Ice cream season opening soon!!)

SKIP'S AUTO SERVICE LTD.
295-4051
Open Monday - Friday 8 a.m. - 5 p.m.

- minor repairs
- oil changes
- tire repairs
- propane
- towing service (CAA)

We have new 20 lb (BBQ size) propane tanks available!

SONOTO CAFE

&

1912 GALLERY

Daily homemade
Soup
Muffins
Cheesecake

We have many specialty coffees

We use FairTrade, Shadegrown coffee which means no clearcutting of forests to grow our coffee.



Join us at the Eastend Rink on Sunday, May 6th for the 14th annual MS walk.

HELP WANTED
Join Our Team
at

The Riverside Motel

Seeking Housekeeping Staff
Top Wages, Best Working Conditions,
Flexible Hours, Payscale
Commensurate With Abilities.
Apply by phone or in-person.
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New in stock !

Jewellery – perfect for graduation or weddings

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all available at

Shannon's Closet
your gift store and more



Stephen Goulet has given us another collection which fittingly reflects the recent change in weather. Check out "Mid March" in its entirety on our website at www.eastendecho.ca

FROM THE POLICE BLOTTER...

2012-03-08

ON MARCH 08 2012 SHAUNAVON RCMP WERE DOING TRAFFIC ENFORCEMENT NEAR SHAUNAVON, AS A RESULT A 36 YEAR OLD BLACKFALDS, ALBERTA MAN WAS CHARGED WITH POSSESSION OF 22 GRAMS OF A CONTROLLED SUBSTANCE A STREET VALUE OF \$440.00. HE IS SCHEDULED TO ATTEND SHAUNAVON COURT MAV 32012

2012-03-1 AND 2012-03-11

ON MARCH 11 2012 SHAUNAVON RCMP ATTENDED TO A COMPLAINT OF A BREAK & ENTER AT AN OIL BATTERY LOCATED NORTH OF SHAUNAVON. THIEVES ENTERED NE SITE AND STOLE ELECTRONIC EQUIPMENT BATTERIES AND OTHER ITEMS OF A VALUE OF APPROXIMATELY \$1500.00.

2012-03-11

ON MARCH 11,2012 AT APPROXIMATELY 10:30 PM SHAUNAVON RCMP ATTENDED TO A COMPLAINT OF THEFT TO A BUSINESS IN EASTEND, SASK THE OWNER INTERRUPTED THIEVES AS THEY WERE STEALING AUTO BATTERIES ADJACENT TO THE BUSINESS.

2012-03-12

SHAUNAVON RCMP RESPONDED TO A REPORT OF MISCHIEF TO PROPERTY AND THEFT FROM A TRAILER LOCATED AT AN OIL LEASE SOUTH OF DOLLARD. THIEVES STOLE A RED HONDA GENERATOR OF AN ESTIMATED VALUE OF \$3000.00 AS WELL APPROXIMATELY \$1000.00 DAMAGE TO THE TRAILER.

SHAUNAVON RCMP ARE REQUESTING THE PUBLIC ASSISTANCE IN SOLVING THE ABOVE NOTED CRIMES.

IF YOU HAVE ANY INFORMATION CONTACT THE SHAUNAVON RCMP AT 297-5550 OR SASKATCHEWAN CRIME STOPPERS

Eastend Short Range Forecast

| Tuesday, 20 | Wednesday, 21 | Thursday, 22 | Friday, 23 | Saturday, 24 | Sunday, 25 | Monday, 26 |
|----------------------------|-----------------------------|----------------------------|----------------------------|-----------------------------|----------------------------|----------------------------|
| 2 -3 °C Mostly Cloudy | 1 2 °C Chance of Snow | 5 1 °C Mostly Cloudy | 4 -1 °C Partly Cloudy | 1 0 °C Chance of Snow | 6 2 °C Mostly Cloudy | 12 2 °C Clear |
| 0% Chance of Precipitation | 40% Chance of Precipitation | 0% Chance of Precipitation | 0% Chance of Precipitation | 30% Chance of Precipitation | 0% Chance of Precipitation | 0% Chance of Precipitation |



Travel Tips -Hotels part 2

by Alan Howard

Hotels around North America Continued

Last week we covered budget hotel offerings in Montreal and as promised here is the next installment.

Mid-range

I have stayed at a couple of hotel which I feel fall in the mid range with prices from \$109.00 to about \$150.00. Two of my favorites are the Lord Beri and Hotel St. Denis.

Lord Beri- 1199 Rue Berri, Montreal, Quebec H2L 4C6, Canada

This hotel is located in the 'east village' a block off St. Catherine's street so is in the midst of restaurants, bars and unique shops. It is also within walking distance of Old Montreal. I have found the rooms here of a good size and very clean. The breakfast was very good and the staff is friendly. The prices range from \$85.00 upwards.

Hotel St. Denis - 1254 St-Denis, Montreal, Quebec H2X 3J6, Canada

This hotel is another one which is located in the heart of the east village on St. Denis (the entertainment street) close to St. Catherines and the Metro. Most of the rooms have hard wood instead of carpet and are very clean. The breakfast is of the normal continental type. The elevator is very small so if you have large cases only one of you will fit. The rooms are not large but more than adequate. The prices range from \$105 upwards.

High End

Over the last few years I have stayed in four (4) high end hotels and found them all great. They tend to be located in the central area or west side of downtown. They are close to the upscale shopping area. They all have amenities from swimming pools to gyms. Most are accessible from the underground malls/walking complex. This is especially nice if you are in the city in the cold windy winter; you do not have to go outside for anything!

The Queen Elizabeth (Fairmont) - 900 Rene Levesque Blvd. W, Montréal, H3B 4A5

This is now a Fairmount hotel and thus one of the railroad properties which belonged to CN. It is located right beside the train station on the east side of the main downtown. The rooms are a good size and of course it has all the amenities. There are three eating places from the very high end dining room to a bistro. It also has a couple of nice lounges. They do have three levels of rooms with the top level being the Entre Gold. If you are not worried about the price then treat yourself to Entre Gold. You have a private check in on the 12th floor with a private elevator. A full breakfast buffet is served in the private 12th floor lounge. They also have an evening reception with drinks and appetizers in this lounge. The rooms are large with extra amenities such as robes, turn down service, and top end toiletries.

The prices range from \$169 in your basic room to \$289 for a normal Entre Gold room.

W- Hotel - 901 Victoria Square, Montreal, Quebec H2Z 1R1

If you wish to stay in one of the most unique hotels in the city then choose the W. Not only is it unique to Montreal but is one of the most unusual hotels I have stayed in. The location is super as it is steps from Old Montreal and only 2 blocks from the major shopping area of St. Catherine's.

The uniqueness starts the minute you walk into the lobby. The furnishings are very Avant-garde and the lighting is soft subdued and in hues of orange, red and yellow. The staff is very friendly and efficient. The uniqueness carries through from the lobby to the elevator and the hallways. Not only is the lighting subdued but the paintings and wall coverings and hangings are Avant-garde.

When you open your door to the room you will be very surprised. They are not large rooms but very well furnished and well laid out. The most unique feature is the bathroom. It is located right at the entrance of the room and has a class wall between it and the living/bedroom. It is the only bathroom that I have been in where you leave the door open so you have some privacy from the main room. Again the lightening is subdued and coloured.

The lounge serves outstanding wine and drinks but of course at a nice price. The rooms are on the smaller size and range from \$262.00 to 800.00

Next Week I Will Discuss Hotels In Toronto.

I travel not to go anywhere, but to go. I travel for travel's sake.
The great affair is to move.

Robert Louis Stevenson

The Family Cookbook

This section is where we like to feature local, family recipes that have been handed down or dishes you don't see too often. If you have a favourite dish that you think others would enjoy, please send it to me at editor@eastendecho.ca

Farranfore Soda Bread:

4 cups of flour (half-and-half white and whole wheat is a fair equivalent to Irish wheaten flour)
15 ounces of buttermilk (though 1% milk soured with vinegar is closer to real farm buttermilk). Room temperature.
1 teaspoon baking soda.
1 teaspoon baking powder.
½ teaspoon salt, or more to taste.

Sieve and blend flour, soda, powder and salt.
Pre-heat oven to 425
Stir milk into flour. Don't knead more than necessary. It will have a "raggy" texture, but can be briefly kneaded into a ball.
(If too sticky, dust with more flour)
Do this as quickly as possible.
Flatten the ball into a circle, ¾" thick.
Cut a deep cross into it with a sharp knife and send up a prayer to St Jude (patron saint of lost causes)
Put in oven, on cookie sheet (or baking stone if you have one). Invert a deep casserole or oven-proof saucepan over it.

Bake for 20 minutes.
Remove casserole/saucepan and
Reduce oven to 375
Bake for another 25 minutes.

Remove from oven and wrap in linen tea towel for an hour.

Tap the bottom; if it sounds hollow it's done

Slice it, butter it, eat it.

Sláinte. Bainigí sult as!

Humpty Dumpty sat on a wall,
Humpty Dumpty had a great fall.
All the kings' horses,
And all the kings' men.
Had scrambled eggs,
For breakfast again.

AGES at the Eastend Library
Friday March 30 7pm Art exhibit and reception. Artworks inspired by Emily Carr by local artists
Special Guest Bernt Hanson with his movie of light photography and music.

Pen and Ink workshop
with Deb Giverhaug
Saturday March 31 2 - 4:30pm
contact Trea 295-4099 or
Deb GiverHaug at 295-3565 for more info and to reserve your spot.

Little miss moffit
sat on her toffit
eating sausage and chips
along came a spider and sat down beside her
and she bashed the poor blighter to bits

Jack's Café

Come Try Jack's
Weekly Specials

This Week's Specials

Salisbury Steak
w/ Creamy Mushroom
Sauce

Cheddar Melt Burger

Chocolate Chip Hotcakes (Breakfast)

TRY OUR NEW BBQ POTATO PLATTER
and
DAILY SOUP SPECIALS

Here In This spring

Here in this spring, stars float along the void;
Here in this ornamental winter
Down pelts the naked weather;
This summer buries a spring bird.

Symbols are selected from the years'
Slow rounding of four seasons' coasts,
In autumn teach three seasons' fires
And four birds' notes.

I should tell summer from the trees, the
worms
Tell, if at all, the winter's storms
Or the funeral of the sun;
I should learn spring by the cuckooing,
And the slug should teach me destruction.

A worm tells summer better than the clock,
The slug's a living calendar of days;
What shall it tell me if a timeless insect
Says the world wears away?

Dylan Thomas

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farm, boat and cabin
insurance needs!**

**Get Bonnie working for you
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104 Maple Avenue North,
Eastend, Sask.

Shop Local



Mary had a little lamb.
Her father shot it dead.
Now it goes to school with her,
Between two hunks of bread.

Jacquie Tokaryk

Raindrop/Vita Flex Therapist

295-3566 or 295-7850

Call For Appointment
118 Maple Avenue S.
Raindrop Therapy is
massage therapy using
Essential Oils.



Vita Flex - Tibetan Reflexology

STENERSONS

**ALL YOUR
TIRE NEEDS
AND MORE**



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QUALITY PARTS & SERVICE

**119 Maple Ave. South
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Wayne Elhard, MLA

Cypress Hills Constituency
401 Redcoat Drive

Eastend, SK S0N 0T0
295-3688 or 1-877-703-3374

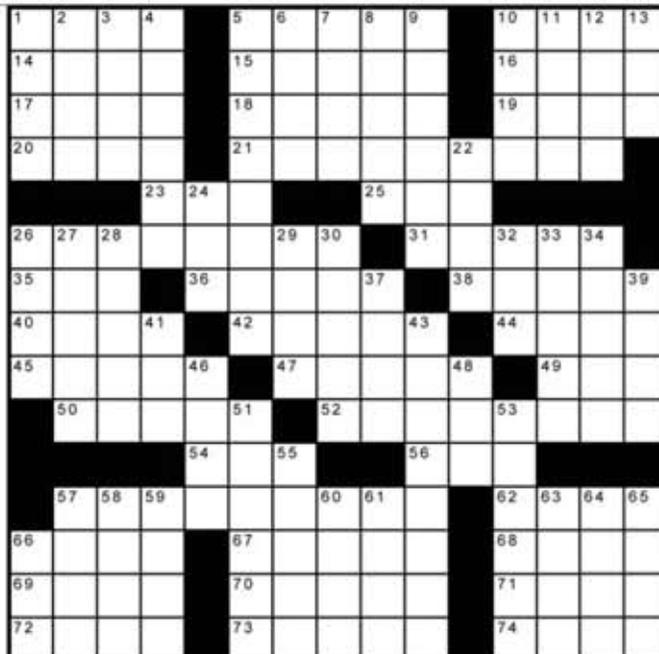
www.wayneelhard.ca
"Your Voice in Regina"

Across

1. Canines
5. Page of music
10. Workout count
14. Astronaut Shepard
15. Actor Delon
16. Came down to earth
17. Defense grp. since 1949
18. Raw hides
19. Secluded spot
20. Opposite of sans
21. Treasury
23. Calendar abbr.
25. Euro forerunner
26. Segment of the spinal column
31. Roman garments
35. Afore
36. Tree covered land
38. Column style
40. Nada
42. Early life
44. Cartoonist Peter
45. Take ___ at (try)
47. Rest on the surface of a liquid
49. Small batteries
50. Cornerstone abbr.
52. Maillot
54. Fly catcher
56. Part of an e-mail address
57. Satan
62. Sitarist Shankar
66. Shipping deduction
67. Olds model
68. Arab League member
69. Indication
70. Untrue
71. Join lips
72. Ruse
73. Twist
74. This, in Tijuana

Down

1. Comedian Carvey



2. Norwegian king
3. Movable barrier
4. Winter vehicle
5. Newsboy
6. "Roots" author Haley
7. Apply powder to oneself
8. One tenth, usually
9. Invertebrate creature
10. Prego competitor
11. Fashion mag
12. Pillar
13. RR stop
22. Jail
24. Church seat
26. ___ cava
27. Uneven
28. Leases
29. It's got you covered
30. Mature
32. Indian holiday resort
33. Chilean pianist Claudio
34. Biblical mount
37. Portico
39. Damage, so to speak
41. Absorb, as a cost
43. Manual
46. Blubber
48. Ref's decision
51. Solidus
53. Blow
55. Beneath
57. Remove water from a boat
58. As a result
59. Start of a counting rhyme
60. ___ noire
61. Bear in the air
63. Author Kingsley
64. Immense
65. Not ___ many words
66. Recipe abbr.

EASTEND MEMORIAL HALL BOARD

ANNUAL GENERAL MEETING

Monday April 23rd at 7:00 PM

Everyone is invited- Coffee/tea and goodies served.

AGM



U C W Pie and Coffee
Eastend United Church
Fri, March 23

2:00 - 4:00 p.m.

Everyone Welcome

CYPRESS HOTEL

Visit
"The Loft"
at

The Cypress Hotel

Where you will find a varied menu
with daily specials made just for
you.

We also offer off-license beer sales
from the Bar.

Across

1. What ___ mind reader?
5. Nipper's co.
8. Priest of the East
12. Diamond cover
13. Summits of buildings
15. Goddess and sister of Ares in Greek mythology
16. Switch ending
17. Maker of Pong
18. Inwardly
19. Expressing exclamation
22. Garden tool
23. Back talk
24. "___ quam videri" (North Carolina's motto)
26. Having no distinct feet
29. Soul
31. Evergreen tree
32. Heartburn
34. Museum piece
36. Ballwick
38. Viscounts' superiors
40. Edible corm
41. One of the Leeward Islands
43. Like Fran Drescher's voice
45. "The Matrix" hero
46. Open shelter
48. Cedex
50. Golfer Aoki
51. Code-breaking org.
52. ___ de mer
54. High-speed rail transport
61. Getting ___ years
63. Idaho capital
64. Sand hill by the sea
65. ___ account (never)
66. Step
67. Blows it
68. Diana of "The Avengers"
69. Terre Haute sch.
70. Deli breads



2. German economist and socialist
3. Camaro model
4. Ancient Greek god
5. Roster
6. Cover
7. Big do
8. Wreath of flowers
9. Region of Northern Territory Australia
10. Actor O'Shea
11. ___ sow, so shall...
13. Storm
14. Femme fatale
20. Opera set in Egypt
21. Belgian river
25. Hard fatty tissue
26. Broadcaster
27. Predominant
28. Woody vine
29. Like old friends
30. Buenos ___
31. Devoted follower
33. Song syllable
35. Bill's partner
37. Goals
39. Hallowed
42. Swedish auto
44. For fear that
47. Distrust
49. Pantry
52. Heath
53. Years in old Rome
55. Actress Petty
56. Falsehoods
57. Biblical birthright seller
58. Ethereal
59. As to
60. Capone's nemesis
62. Beverage made with beaten eggs

Down

1. Fit to ___

Puzzle Solution

Crossword puzzles provided by BestCrosswords.com
(http://www.bestcrosswords.com) Used with permission



Word Find

Find These Words Up, Down or Diagonally

O F J W H N H M U M L U R D K
 A D U C K Z L G I R A F F E C
 N M Y K J Q H W C F T S Q O D
 E E L G A E U C R E T S M A H
 S G B X K N B X D O L P H I N
 R D K F S F G R K Q X Z F V D
 O A S B R J P A E D Z H W O T
 H O W Q F O X J R X O F T G Q
 J P R K B W G R K O S N A O L
 I W Y V V X F T Q Y O G O L K
 N D T N T N A H P E L E G D F
 J E R Q G Q L G C U O F M F J
 W M G K E G Z C X G Z M I I W
 R H M I G O D S P C F S D S S
 D D W E Q O O O A Z H V Q H K

DOG
 DOLPHIN
 DUCK
 EAGLE
 ELEPHANT
 FISH
 FLY
 FOX
 FROG
 GIRAFFE
 GOAT
 GOLDFISH
 HAMSTER
 HORSE
 KANGAROO

Community Calendar

- Mar.20 Eastend Credit Union AGM
- Mar.20 Al Anon (Health Centre)
- Mar.24 "The Descendants" movie @ T.rex Centre
- Mar.25 "Puss In Boots" movie @ T.rex Centre
- Mar 30 AGES at the Eastend Library
- Mar 31 Pen & Ink Workshop w/ Deb Giverhaug

Sudoku Puzzle Of The Week

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 6 | | 7 | 2 | 8 | 4 | | 9 | 3 |
| | 4 | 3 | 7 | | | | | |
| | | | | 1 | | 4 | | |
| | | | | 4 | | 1 | | |
| 1 | 8 | 5 | | 6 | | 7 | 3 | 4 |
| | | 6 | | 3 | | | | |
| | | 8 | | 2 | | | | |
| | | | | | 8 | 3 | 7 | |
| 9 | 2 | | 5 | 7 | 3 | 8 | | 1 |



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 Consultant**

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 Fax (306) 295-3220
 scott.morvik@investorsgroup.com

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**MARCH DATES FOR
 PHYSICIAN CLINICS IN EASTEND**

Physician - Mar 21,26,28
 Nurse Practitioner - Mar 20,21,26-29

To book an appointment Phone 295-4184
 Monday - Friday, 8:00 AM-4:00 PM.
EWVHC Lab Hours:
 Mon - Thurs 8:30 to Noon
 and 1:00 to 3:30

The Lab will be closed on Fridays